

JUMPING WITH SAFETY

TRAMPOLINE SAFETY TIPS

Take these steps to help prevent tragic deaths and serious trampoline injuries

- Allow only one person on the trampoline at a time
- Use trampoline enclosures to help prevent injuries from falls
- Place the trampoline away from structures, trees, and other play areas
- Do not allow children younger than 6 to use a full-size trampoline
- Supervise all children who use a trampoline
- Do not use if there is high wind because the trampoline can shift, move, or blow away
- Inspect the trampoline regularly to make sure nothing is missing and there are no rips or tears in the pad



NEIGHBORHOOD SAFETY NETWORK
A PROJECT OF THE U.S. CONSUMER PRODUCT SAFETY COMMISSION



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